



# Ngala Crunchies

A SAFARI STAPLE ON MORNING COFFEE STOPS – UTTERLY DELICIOUS

## INGREDIENTS

5 cups oats  
1 cup sugar  
1 cup cake flour  
2 tsp baking soda  
2 Tbsp syrup  
2 cups coconut  
500 g (17.6 oz)  
butter, melted

## METHOD

- Combine all the ingredients and mix in the melted butter
- Press into a tray and bake at 180°C (356°F) until golden brown
- Allow to cool and cut into small bars